

# Suboxone


## Low Dose Rapid Induction

### Patient Instructions

**Day 1**

Take **0.5 mg** (1/4 of 2 mg strip) Suboxone **Every 3 hours**

May continue other opioid if needed




2mg Strip x every 3 hours

**Day 2**

Take **1 mg** (1/2 of 2 mg strip) Suboxone **Every 3 hours**

Wean other opioid



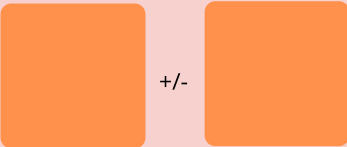
2mg Strip x every 3 hours

**Day 3**

Take **8 mg** (a full 8mg strip) Suboxone **once**

*wait 2 hours, if you continue to have symptoms take another 4mg (1/2 strip) or 8mg (full strip)*

Stop other opioid




8mg Strip +/-

My total dose of Suboxone from Day 3: \_\_\_\_\_

**Day 4**

The **full** dose from the previous day is your new daily dose of Suboxone

 If you get sick or feel significant withdrawal take **16-4 mg Suboxone** at once (2 of the 8-2mg strips)

- This is a rapid 3 day low dose induction for Suboxone. There is a more gentle 8 day version of this.
- Remember Suboxone should be taken under the tongue. (It will not work if swallowed)
- Medications can be prescribed to help you stay more comfortable during this process.
- Have Narcan on hand / never use heroin alone

 **Clinic #** \_\_\_\_\_