

# Suboxone

## Low Dose Cross-Taper

### Patient Instructions

			AM	PM
Day 1	Take 0.5 mg (1/4 of 2 mg strip) Suboxone once	Continue Other Opioid	 2mg Strip	
2	Take 0.5 mg (1/4 of 2 mg strip) Suboxone twice (am and pm)	Continue Other Opioid	 2mg Strip	 2mg Strip
3	Take 1 mg (1/2 of 2 mg strip) Suboxone twice (am and pm)	Continue Other Opioid	 2mg Strip	 2mg Strip
4	Take 2 mg (full 2 mg strip) Suboxone twice (am and pm)	Continue Other Opioid	 2mg Strip	 2mg Strip
5	Take 3 mg (1 + 1/2 of 2 mg strip) Suboxone twice (am and pm)	Continue Other Opioid	 2mg Strips	 2mg Strips
6	Take 4mg (2 of 2 mg strip) Suboxone twice (am and pm)	Continue Other Opioid	 2mg Strips	 2mg Strips
7	Take 6mg (3 of 2 mg strip) Suboxone twice (am and pm)	Continue Other Opioid	 2mg Strips	 2mg Strips
8	Take 8 mg (1 of 8mg strip) Suboxone twice (am and pm)	<b>Stop / Wean</b> Other Opioid	 8mg Strip	 8mg Strip

- Remember Suboxone should be taken under the tongue. (It will not work if swallowed)
- Medications can be prescribed to help you stay more comfortable during this process.
- Have Narcan on hand / never use heroin alone.

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